

¡NUEVAS ACTIVIDADES!



SPINNING

MIÉRCOLES Y VIERNES

19:30

An illustration of a person in a green tank top and green shorts performing a functional exercise, possibly a lunge or a similar movement, with their arms extended. The person is shown in a dynamic, active pose.

ENTRENAMIENTO
FUNCIONAL
MIÉRCOLES Y VIERNES
18:30



**¡VEN A PROBARLAS GRATIS! 13 al 22 DIC.
POLIDEPORTIVO MUNICIPAL**