



**AYTO. VALDETORRES
DE JARAMA**

	Lunes	Martes	Miércoles	Jueves
9:30-10:30	ZUMBA	YOGA	ZUMBA	YOGA
10:30-11:30	PILATES	PILATES	PILATES	PILATES
18:30-19:30	GLUTEBOOM	PILATES GLUTEBOOM	GLUTEBOOM	PILATES GLUTEBOOM
19:30-20:30	ZUMBA	YOGA ZUMBA	ZUMBA	YOGA ZUMBA
20:30-21:30		PILATES		PILATES